

**Anthem Oral Surgery and Implant Center, LLC**  
**42104 N. Venture Drive, Suite A- 106**  
**Anthem, AZ 85086**

**(623) 551- 6556**

**IMPORTANT INSTRUCTIONS REGARDING YOUR  
SEDATION / GENERAL ANESTHESIA**

Due to the risk of vomiting, **Do not eat or drink anything** (including water) for eight (8) hours prior to surgery.

However, it is important that you take any **regular medications** (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided, **using only a small sip of water.**

- For morning appointments, nothing to eat or drink after midnight and skip breakfast.
- For afternoon appointments, you may eat a light clear breakfast six (6) hours before your appointment and skip lunch.
- Take any regular medications with only enough water to get the pill down.
- You **MUST** have an adult family member or friend to drive you home. Someone who we can go over post operative instructions with. **Your ride should be available to bring you home approximately 45 minutes from your scheduled surgery time.**
- Please remove nail polish and if possible, nail extensions. This will improve our ability to monitor your vital signs while under general anesthesia.
- Feel free to wear loose fitting comfortable clothing.
- Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

*Our goal is to provide you with a safe, pleasant and effective sedation. In order to do this it is extremely important that you follow these instructions carefully.*

*Please feel free to ask or call about any questions concerning your surgery or anesthetic.*

*Thank You*